The Mastery Of Mimodrame: An In-Depth Study Of Mime Technique
This DVD contains a very thorough grounding in mime technique. The presenter/author is classically trained, and does an excellent job of explaining the components of practice and performance. Here's an overview of what is covered:

- Basic positioning
- Building a character
- Body language
- Rhythm
- Variation in intensity (coloration/decoloration)
- Object identification (creating the illusion of an object)
- Illusion

The DVD appears to be a copy of the VHS video published in 1991. It is a good copy, however -- audio clear, video not grainy -- and it is easy to skip from lesson to lesson.

A look inside this book gives one a complete understanding how complex or intricate the world of mime is. It is called the "art of silence" because mime uses the body to communicate or telling a story without words. Numerous pictures fill the pages with many focusing on body or hand movements. This book has a companion video. Included in the text is an introduction, glossary of terms, bibliography and SEVEN chapters on instruction. The chapters are titled: Body Positioning, The Body that Talks: Building Characters - communication and symbolism of the entire body. Sculpting the Body covers equilibrium, character construction and how the body gets into a position such as fear. The Living Character chapter involves breath, rhythm, resistance, etc. Big, Bigger, and Biggest details coloration, decoloration, gestual coloration, etc. Coloration is described as "the augmentation of a thought without the destruction of thought." Object Identification will explain identification, the flower, the rock, etc. And the last, Illusion - creating illusion, techniques of, illusions of transfer, object illusion, etc.

The video follows the book’s techniques to master
communication with clear definition and a how to understanding of mime. You will also hear the French terminology. I can’t imagine there being a better set than this. .....Rizzo

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